

## St. Mary's Primary School, Sale:

- respects the right of all people to feel safe and comfortable within the school environment
- considers all forms of bullying to be unacceptable behaviour
  - offers help and advice to both victims and bullies
- expects parents of children who harass others to support the school in helping children change their behaviour
- respects the fact that children need support, encouragement and time when learning to change behaviour patterns
- reserves the right to exclude from school activities the bully who makes no attempt to treat others with fairness and respect

### ***Don't ignore bullying!***

TELL SOMEONE WHO CAN HELP.....

- \* Your Teacher \* Another Teacher \* Deputy Principal \*
- \* Principal \* Student Leader \* School Captain \* A friend \*
- \* Your Parent \*

### ***Don't ignore bullying!***

- \* If you see someone being bullied try to help them in whatever way you can \*

St. Mary's Primary School, Sale  
is opposed to

# **BULLYING**

in all its forms.



***Help us keep a  
Bully free  
School!***

**All members of this school community have a right to feel safe and comfortable in the school environment.**

Tolerance of others and respect for the rights of others are valued behaviour within this community.

### **Bullying is:**

- *the willful, conscious desire to continually hurt or threaten or frighten another person,*
- *continually subjecting another person to any form of harassment which is intimidating.*
- *continually refusing to treat another person with the respect and dignity he or she deserves.*

***Bullying could therefore mean one or more of the following behaviours:***

- \* Fighting, pushing, shoving
- \* Name calling, teasing
- \* Using “put down” language
- \* Spreading rumours
- \* Making threats
- \* Ignoring or excluding.
- \* Making fun of, laughing at
- \* Picking on because of race, sex, appearance
- \* Sneering at
- \* Stealing or damaging others’ property
- \* Writing personal graffiti
- \* Writing offensive notes or text messages
- \* Giving unwanted attention
- \* Making unwanted phone calls or posts on Facebook
- \* Rude gesturing
- \* Invading someone’s personal space

***Bullying can be physically harmful, psychologically damaging or socially isolating, or perhaps all three.***

**If you are a bully.....**

- Remind yourself that others have the right to be treated with respect
- Make planned attempts to speak and act respectfully towards the person
- Listen when others tell you that your behaviour is offensive and be prepared to change what you are doing

***When we decide to become a Peace maker, we see the difference ONE makes....***

- one apology***
- one compliment***
- one helping hand***
- one smile***
- one song***
- one moment***

***one thing I really don’t want to do but should.***

***I am only ONE person  
But today I can do ONE thing.***

***FROM P.C. HINTON: “Images Of Peace.”***



